

1:20 pm

70% people focus on computer at Doing Hw.

① Some of them bought food here.
while having meal, still stare at computer.

② Just write sth. looks like they're thinking.
⇒ lots of work? Different problem troubles?

Anyway those using P.c..

8/10 were searching net. myNU, google.
2 were taking entertainment, facebook + video (youtube, gress)

30% people not single
either talking, chatting whatever.

1:38 pm comes group of people, about 6.

At first talking happily, then focus on ~~out~~ each's P.c.
Everyone use computers, smart phones. Internet.
(Friend vs Computer?) !!!

In recreation room, full use of equipment.
lots of people, most playing billiards rather
than table-tennis. (Take less exercise, more relaxed).

2:00 pm.

Some fall asleep. ⇒ Tired of doing work.
Most still focus on computer.

Dressing formal suite. ⇒ "Interview"?
Hungry.

Sunshine into cunny center.

really nice weather $\Leftrightarrow$ People still sit in-doors.

Students coming in groups $\Rightarrow$ finish class?

Someone looking for seats.

* Interesting.

When friends comes, bringing foods, those who at first
faused on P.C. stopped, chatting with friends.

2:21pm.

2 guys come to recreation room, playing video games.

2:25pm.

Groups of Chinese students comes, looking for big table.
I heard that they want to play card games.

Still most people eating & studying.

kinds of devices (Macbook, alienware, ipad.

$\Rightarrow$ Dont use computer, choose iphone/Android

people keeps coming & leaving.

stand and chatting, discussion. (not for hw).

people stretch themselves for a while.

seems that such long time just sitting is really
tired.

2:53 pm. lots people are leaving.

people refer to use smart phone software to help them solve problems.

3:06 pm. Group people discuss very ~~loud~~ loudly.
After 1.5 hours.

The Recreation Room is still full of people

3:23 pm Most student comes, chatting, laughing, playing.
less people doing homework here.

(Maybe too loud to focus on)

Students begin to take activities. list:

1. Gather together watching video

2. Card games.

3. Play in Recreation Room

4. Listen to music

5. Mostly chatting

1. How many hours do you spend going out rather than staying at home in your spare time weekly?

2. What do you mostly do at home in your spare time?
For example, reading papers, surfing on Internet, playing games, etc.

3. Do you think your current lifestyle is healthy or not? Why?

4. What kind of factors do you think would really motivate or interest you to go out?

5. What kind of activities do you prefer most when going out?

(1) 1. 80 hours. — always school. less in home or other

2. Surfing Internet; Visit friend (live nearby)

3. No. disorder of time. less sleep 4:00 am → 11:00 am.

less sports & exercises. (Hope to improve)

4. Shopping event; Friends call together; place nearby where haven't been
memorial day

5. Shopping. visiting museum, cinema, supermarket.

If have driving license. go ~~far~~ further.

(2) 1. 36 hours, weekend 6 hour. &

2. Playing games., world of warcraft.

Going to super-market., surfing Internet.

Sleeping.

3. No, disorder, sleep less in weekdays, more in weekend.

sleep till noon: eat only dinner. sometimes lunch.

lack of sports.

4. Friends call him: went out having meals together.

favourite movie.

5. Walking around some times.

Accompany with friends. shopping.

Going to some near place have been.